

Litany of Repentance

Response: Forgive us, Lord.

For not allowing Jesus to be the Lord and center of our lives...

For soft-pedaling our religious convictions because of what others would think...

For not deepening our faith in Jesus Christ by prayerful reading of the Bible and spiritual reading...

For any involvement in fortune telling, horoscope, card reading, Ouija board and other superstitious practices...

For excluding anyone from our love because of fear, pride or jealousy...

For being resentful and unforgiving toward those who have hurt us or our loved ones...

For being arrogant, stubborn, angry or lazy...

For not being true to our family and friends by gossiping about them...

For not trying to understand those with whom we disagree...

For prejudice against people of different color, race, religion or family background...

For rash judgments and for cutting people down by our words and our looks...

For disobedience and lack of responsibility concerning our obligations...

For being selfish, greedy and domineering in the way we relate to others...

For giving in to feelings of negativity, cynicism, and self-pity...

For impurity of thought and action, either alone or with others...

For lack of control in the use of food, alcohol and other legitimate pleasures...

For lying, cheating, stealing and any injustices we have committed...

For inappropriate use of the internet and social media...

For those times we did not respect the gift of God's creation by abusing our environment...

For not being more attentive to the needs of the poor in a spirit of generosity...

For not being more protective of the rights of minorities and immigrants...

For excessive criticism of the leaders of the Church with a spirit of pride...

For the many times we did not seek to discover or accept God's plan in our lives...

And for being content in mediocrity and not desiring true holiness.

Closing Prayer

Forgive me, most gracious God, if this day I have done or said anything to increase the pain of the world. Pardon the unkind word, the impatient gesture, the hard and selfish deed, the failure to show sympathy and kindly help where I had the opportunity but missed it; and enable me so to live that I may daily do something to lessen the tide of human sorrow, and add to the sum of human happiness. I ask this through Christ, our Lord.

- F.B. Meyer